

News from the



Summer 2022

The Berkshire Food Project seeks to alleviate hunger, food insecurity and social isolation by serving healthy, no cost meals and connecting people to other resources, all in a dignified and respectful manner

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The Berkshire Food Project served over  
81,000 meals for the year of 2021  
To all who have helped to make this possible:



The Berkshire Food Project continues to provide meals to take home and heat up, every Monday, Wednesday, and Friday, from 11:30am to 1:00pm. This schedule will remain in effect for the foreseeable future.



## A NOTE FROM OUR EXECUTIVE DIRECTOR:

### Food Prep, Dishwashing, Cleaning Helpers Needed

While we have some great volunteers, the Berkshire Food Project still has various jobs for volunteers to fill. Among the most needed are for dishwashers, food preparers, and cleaners.

Give one or two hours a week or more if you wish. The BFP operates from 8 a.m. to 2 p.m. Monday through Friday.

Pick a day and time that suits you. We never have enough volunteers. Right now, we particularly need food preparation volunteers on Mondays and Fridays. We also need extra dishwasher or two on Tuesdays and Thursdays and help with trash disposal and cleaning early afternoons.

Stop in while we're open, say hello, meet us and see what we're about.

You can also email [director@berkshirefoodproject.org](mailto:director@berkshirefoodproject.org), or contact us through our Facebook page. Volunteer application forms can be found on our website, <https://berkshirefoodproject.org/>

Due to health regulations, young children cannot be involved in food preparation.

The Berkshire Food Project Inc. is a not-for-profit organization located in the First Congregational Church of North Adams on the Summer Street side. Mailing address: P.O. Box 651 North Adams MA 01247. Phone (413) 664-7378.

Please help us spread the word!

We continue to be very thankful to Caretaker Farm  
for their WONDERFUL Produce.



Cricket Creek Farm for their gourmet cheeses!!!



High Lawn Farm for all their Milk



Berkshire Food Project-

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Darlene Ellis, Kitchen Manager [darlene@berkshirefoodproject.org](mailto:darlene@berkshirefoodproject.org)

Helen Romano, Kitchen Assistant

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