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Food for Thought from the Berkshire Food Project



[www.facebook.com/
berkshirefoodproject](http://www.facebook.com/berkshirefoodproject)

We post our daily menu on Facebook – you can check to see what’s for lunch there every day!

Join Us!

We are always looking for new volunteers, and not just in the kitchen and dining room. Right now we are looking for a volunteer who can pick up donations from Walmart or Cumberland Farms or Big Y. We also can use other assistance like graphic design of our promotional materials or planning fundraising events.

Have you met our newest staff member? You will notice Tony’s name on the list above too – he was a super volunteer before we hired him! We are so happy to have him on staff now.

We do miss Eric, though – he’s moved on to some other opportunities this fall.

BFP Volunteer Recognition

Each month volunteers spend over 700 hours at the Berkshire Food Project – preparing food, serving meals, socializing with our diners and cleaning. Some volunteers are here quite a bit – their consistency and dependability really make it possible for us to serve lunch every day. Here is a list of the volunteers who worked over 25 hours between January 1 and June 30, 2018 and the number of hours they worked.

- | | |
|--------------------------|----------------------------|
| Aaron Chesboro – 82.5 | Jill Moncecchi – 102.5 |
| Amy Kinzer – 82 | Joan Rubel – 61.25 |
| Anthony Perry – 89.5 | John Denley – 26.5 |
| BFAIR – 162.5 | Kathryn Benson – 79.75 |
| Bob Simons – 302.5 | Kathleen Schulze – 40.75 |
| Cheryl Hsieh – 79.5 | Laurie Kuzia – 39.25 |
| Chris Bonner -79.25 | Leah Couture – 102.5 |
| David Racette – 26.25 | Lesa Bennett – 47.75 |
| Diana Elvin – 55.75 | Marianne Bailey – 192 |
| Elaine Durant – 99.25 | Matt Askipolis – 27.5 |
| Emily Bryant – 25 | Patrick Hernandez – 370.75 |
| Emma LeBlanc – 38.5 | Peter Elvin – 66.5 |
| Erika Uchman – 175.75 | Priscilla Tracy – 60 |
| Evelyn Ostrander – 97.5 | Regina Caron – 28.75 |
| Gary Cellana – 182.25 | Sandy Rich – 37.75 |
| Jackie Carlise – 32 | Susan Kohut - 91.5 |
| Jeff Page – 206.75 | Tom Leamon – 41.5 |
| Jennifer Munoz – 33.75 | |
| Jennifer Peabody – 73.25 | |

THANK
YOU to
ALL of our
Volunteers!



Everybody is Welcome!

Do you know about the Berkshire Food Project? We are located at 134 Main Street (inside the First Congregational Church) in North Adams, MA. Every weekday we serve lunch from noon to one right in downtown North Adams. All are welcome – we have no income guidelines or other criteria. Everybody is welcome and encouraged to join us. We cook from scratch using fresh ingredients – our food is delicious! Our dining room is a place where people from all different backgrounds can break bread together and learn from each other. When we socialize with people who are different from us, we are exposed to different situations and experiences... and we can learn about the barriers that can get in the way of success for some families and individuals. If you are able to join us for lunch, we hope you will find it is an opportunity to learn more about our community. You may run into elected officials or other policy makers in our dining room as it is a great place for them to stay in touch with people whose voices are often not heard. You may meet students from local colleges. You may run into neighbors and friends – we serve great food in a welcoming environment! If you haven't been in for lunch, please join us soon. We open at 11:30 AM for coffee and snacks; lunch is served from noon to 1 PM.

Did you know...

Our dining room is a great place to learn more about the community. Over the summer representatives from BCAC, the Spitzer Center, Berkshire Health Systems, nbCC, EcuHealth, the Food Bank of Western MA, MCLA, the Nutrition Center, Mildred Elley and Mountain Girl Farm were in our dining room sharing information about resources and events. The fall will be busy with even more organizations coming to share!

YOU Are Our Community Supporters

Recently the BFP sent out our annual letter campaign and we thank everybody who has responded. We are so grateful to be part of a community that cares so much! In addition to our normal operating expenses we are seeking money for significant kitchen renovations this fall, to stay in compliance with local codes. If you would like to help us with this project, you can donate via our website (www.berkshirefoodproject.org) or by sending us a check (Berkshire Food Project, PO Box 651, North Adams, MA 01247). THANK YOU!

BFP Staff

Kim McMann, Executive Director

kim@berkshirefoodproject.org

Darlene Ellis, Kitchen Manager

Darlene@berkshirefoodproject.org

Tony Perry, Kitchen Assistant

Barbara Worthington, SCSEP Outreach Assistant



The Berkshire Food Project seeks to alleviate hunger, food insecurity, and social isolation by serving healthy, no cost meals and connecting people to other resources, all in a dignified and respectful manner.

The Berkshire Food Project • 134 Main Street, PO Box 651 • North Adams, MA 01247 • 413-664-7378

www.berkshirefoodproject.org