



The Berkshire Food Project seeks to alleviate hunger, food insecurity, and social isolation by serving healthy, no cost meals and connecting people to other resources, all in a dignified and respectful manner.

Find us inside the First Congregational Church on Summer Street between Ashland & Church Streets in downtown North Adams, MA.

Happy Thanksgiving!

The BFP tradition is to serve our Thanksgiving feast on the Monday before Thanksgiving. Many of our regular diners get to spend the holiday with their families, but we still want to share this important holiday with them too. By having the meal on Monday, we have the added benefit of being able to prep over the weekend - cooking over 25 turkeys and hundreds of pounds of potatoes, turnips and squash is a carefully orchestrated activity that takes days! And to be honest, most of our regular volunteers are not available on Thanksgiving - many travel out of town for the holiday. Each year we check in with diners to find out if serving our feast on Monday works for them and so far they continue to tell us it does. This year 304 individuals joined us, either for a mid day celebration or in the evening for our later seating. Between the meals eaten in our dining room and the meals taken out for others, we served 427 meals! And, we also provide more take out Thanksgiving meals on the day before Thanksgiving!



Some of the 174 diners that joined us for a mid day Thanksgiving feast on November 25. Another 130 people joined us for a later seating that evening.

Join Us for an Afternoon of Music and Art

Every December, the North County Chorale presents an afternoon of holiday music at the First Congregational Church where the Berkshire Food Project is located. The concert is free - no tickets are required. There is, however, a voluntary offering which benefits the Berkshire Food Project. This year the concert will be on **Sunday, December 8 at 3:00 PM**. This concert is a wonderful way to start your holiday season! It concludes with a holiday reception - this year the reception is going to feature the paintings collaboratively created by our diners and MCLA Art Professor Melanie Mowinski's students. And while it is all over before it gets too dark out, you will find the holiday tree right outside the church glowing when you depart. Please join us for an afternoon we know you will enjoy!



One of Professor Mowinski's students from a previous semester created a beautiful graphic based on the Tiffany window inside the sanctuary of the First Congregational Church. This fall, students and diners from the Berkshire Food Project took that design a step further, creating this collaborative painting with the graphic in the center.

Students and diners paired up to create paintings entirely of their own design too, as seen below at a recent exhibit at the college.



What: Concert and Art Exhibit
When: Sunday, December 8, 2019 at 3 PM
Where: The First Congregational Church, 134 Main Street, North Adams
How Much: It's FREE! Even the refreshments!

Extra! Extra! Read All About It!



This time of year there is a lot of interest about food security in our community. Here are some recent items that were in local media in case you missed them:

[This story](#) ran after our meal on Monday and mentions how we did, indeed, have to cook more turkeys after our first seating!

And [here](#) is a terrific look at how we are fighting hunger in north county that ran the day of our meal.

One of our supporters wrote [this letter to the editor](#) reminding people of the need in our community.

Remember last year when our kitchen was red tagged just before Thanksgiving? [Here's](#) an in depth look at the process that followed - upgrading our kitchen to a whole new level of code compliance!

[This tv show](#) was the first time this year we had the chance to talk about Thanksgiving and food security.



We are always thankful for the wonderful support we receive from our Northern Berkshire community and beyond. And we love when supporters join us in the dining room to present us with their generosity, as these members of the North Adams Elks did recently.

We are grateful for every one of our supporters. THANK YOU ALL!

Next month we will tell you about one of our biggest supporters - and his "Movember" activities in support of the BFP.

What a great way to have an impact on our community - volunteer at the BFP!

We welcome new volunteers and will work with you to find the perfect spot in our crew.

Shifts take place between 9 AM and 2 PM on weekdays, but you pick how long and which hours, you pick the day(s).



Volunteers serving our Thanksgiving meal.

Volunteering is the ultimate exercise in democracy. When you volunteer you are deciding what kind of community you want to live in.

Click here for our volunteer application.

We serve lunch every weekday from noon until 1 PM. Our doors open at 11:30 AM for snacks and beverages. There is NO criteria and no questions asked. Join us any weekday!

Are you coming from **Williamstown**?
 Volunteers and Diners **Willamstown**?
 You can arrange A FREE ROUNDTRIP RIDE from Williamstown!
 You can arrange A FREE ROUNDTRIP RIDE any Tuesday or Thursday.
 Call by Monday of the week during which you want a ride - 413-458-9831.

Tell the operator you want to arrange a free ride to the Berkshire Food Project.
 Use the ride service Tuesday AND Thursday if you would like - there's no limit!

For more information you can also call Kim at 413-664-7378.

For a ride call 413-458-9831.

Rides provided by a grant from the Fund for Williamstown of the Berkshire Taconic Community Foundation.

