

The Berkshire Food Project seeks to alleviate hunger, food insecurity, and social isolation by serving healthy, no cost meals and connecting people to other resources, all in a a dignified and respectful manner.

#### New Staff!

Our new kitchen manager's assistant is Caitlyn Johnson. She might look familiar she's been volunteering with us since last year. Our staff, as pictured below, is Barbara Worthington, Caitlyn Johnson, Kim McMann and Darlene Ellis.



#### Miss Hall's School Volunteers



Each year we are so happy when we hear we will have a team from the Horizons program at Miss Hall's School. The young women work with us from fall through to spring. In May there is a reception at Miss Hall's School and we were so happy to see some our volunteers there!

### EXCHANGING THE ART OF MEDICINE FOR THE MEDICINE OF ART

Do you know about the O+ Festival (pronounced O Positive)? Underinsured artists and musicians create and perform in exchange for a variety of services donated by doctors, dentists and other care providers. This is the first year the festival came to North Adams and we were thrilled to be involved! We worked with A-OK Berkshire Barbecue to serve a meal to the artists, musicians and festival organizers right at the Berkshire Food Project! Next year we hope to expand and have the meal open to the whole community!



Our dining room set up for the meal.



Volunteers preparing for the O+ dinner.



We always have a wish list of items that we can use.

New items that we can always use include pump bottles of hand washing soap, empty spray bottles (we make sanitizer using bleach) and postage stamps.

We also are happy to re-use items you may have. For example, did you know we will reuse your plastic containers with lids? We will be happy to take your clean take out containers, cottage cheese containers, mayonnaise jars... pretty much any container that can be used to store food. We will sanitize them and make them available to our diners to take home left overs.

We can also use your "single use" plastic bags - the kind that grocery stores are phasing out.

Food items that are unopened and unexpired are always welcome too!

## PAINT AND SIP EVENT

Our paint and sip fundraiser is happening on June 19 - the venue has changed - it will be at Mingo's in North Adams. The time has shifted to 6:30 PM. The link to tickets will be updated to the correct information soon... but you can go ahead and buy your tickets now!



for more info and tickets

# Volunteer with Us!

ANY weekday between 9 AM and 2 PM

Select
Saturdays
9 AM - Noon

Next Date Is
June 15

Special Assignments

Picking up donations, outreach events, gardening and more

Click here for volunteer application

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